

January 22 - January 28, 2024

Lap Swim Requirements: Age 17 and older; If under 17, swim a 300 (12 laps) continuously to not have a parent in the water; If under 17 and cannot swim 12 laps continuously, must have a parent in lane and be able to pass deep end swim test.

Find schedule online at: <https://northlibertyiowa.org/calendar/aquatics/>

NCJH Girls and Boys Swim Team will practice 10/11/23 - 01/22/24

At times private swim lessons may be taking place during lap swim

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open at 6:00am	Open at 6:00am	Open at 6:00am	Open at 6:00am	Open at 6:00am		
Lap Swim 6:00am-7:55am 6 Lanes Available Zero Entry Closed	Lap Swim 6:00am-9:55am 6 Lanes Available Zero Entry Open at 9:00am	Lap Swim 6:00am-7:55am 6 Lanes Available Zero Entry Closed	Lap Swim 6:00am-9:55am 6 Lanes Available Zero Entry Open at 9:00am	Lap Swim 6:00am-7:55am 6 Lanes Available Zero Entry Closed		
Aqua - Water Resistance 8:00am-8:50am 2 Lanes Available		Aqua - Water Resistance 8:00am-8:50am 2 Lanes Available		Aqua - Water Resistance 8:00am-8:50am 2 Lanes Available	Open at 8:00am	Open at 8:00am
Aqua - Easy Does It 9:00am-9:50am 2 Lanes Available Zero Entry Open at 9:00am		Aqua - Easy Does It 9:00am-9:50am 2 Lanes Available Zero Entry Open at 9:00am		Aqua - Easy Does It 9:00am-9:50am 2 Lanes Available Zero Entry Open at 9:00am	Lap Swim 8:00am-9:00am 6 Lanes / Zero Entry Open	Lap Swim 8:00am-9:15am 6 Lanes / Zero Entry Open
Arthritis Class 10:00am-10:50am 2 Lanes Available Zero Entry Open	Arthritis Class 10:00am-10:50am 2 Lanes Available Zero Entry Open	Arthritis Class 10:00am-10:50am 2 Lanes Available Zero Entry Open	Arthritis Class 10:00am-10:50am 2 Lanes Available Zero Entry Open	Arthritis Class 10:00am-10:50am 2 Lanes Available Zero Entry Open	Swim Lessons / Lap Swim 9:00am-11:15am 4 Lanes Available/Zero Entry Closed	Aqua Zumba / Lap Swim 9:15am-10:00am 2 Lap Lanes / Zero Entry Open
Lap Swim 11:00am-4:30pm 6 Lanes Available Zero Entry Open	Lap Swim 11:00am-4:30pm 6 Lanes Available Zero Entry Open	Lap Swim 11:00am-4:30pm 6 Lanes Available Zero Entry Open	Lap Swim 11:00am-4:30pm 6 Lanes Available Zero Entry Open	Lap Swim 11:00am-5:30pm 6 Lanes Available Zero Entry Open	Lap Swim 11:15am-1:00pm 6 Lanes / Zero Entry Open	Lap Swim 10:05am-1:00pm 6 Lanes / Zero Entry Open
	Swim Lessons / Lap Swim 4:30pm-5:40pm 2 Lap Lanes / Zero Entry Closed				Open Swim 1:00pm-5:55pm 1 Lap Lane Available Zero Entry Open Diving Board Open Basketball Hoop Open	Open Swim 1:00pm-5:55pm 1 Lap Lane Available Zero Entry Open Diving Board Open Basketball Hoop Open
Swim Lessons / NCJH Team 4:30pm-7:00pm	Swim Lessons / Aqua Class 5:40pm-6:30pm Pool Closed	Swim Lessons 4:30pm-7:00pm Pool Closed	Swim Lessons / Lap Swim 4:30pm-5:40pm 2 Lap Lanes / Zero Entry Closed			
Pool Closed	*2 Lap Lanes open at 6:30pm Zero Entry Closed		Swim Lessons / Aqua Class 5:40pm-6:30pm - Pool Closed At 6:30pm - 2 Lap Lanes Open		Closed at 6:00pm	Closed at 6:00pm
	Aqua Zumba 7:15pm-8:00pm 2 Lap Lanes / Zero Entry Open	Aqua Aerobics + Toning 7:15pm-8:05pm 2 Lanes / Zero Entry Open	Swim Team / Lap Swim 7:00pm-8:00pm 2 Lap Lanes / Zero Entry Open	Open Swim 5:30pm-8:55pm 1 Lap Lane Available Diving / Basketball Open Zero Entry Open		
Lap Swim 7:00pm-8:55pm 6 Lanes Available Zero Entry Open	Lap Swim 8:05pm-8:55pm 6 Lanes Available Zero Entry Open	Lap Swim 8:10pm-8:55pm 6 Lanes Available Zero Entry Closed	Lap Swim 8:05pm-8:55pm 6 Lanes Available Zero Entry Open		Pool Rentals 6:00pm-7:30pm 7:45pm-9:15pm	Pool Rentals 6:00pm-7:30pm 7:45pm-9:15pm
Closed at 9:00pm	Closed at 9:00pm	Closed at 9:00pm	Closed at 9:00pm	Closed at 9:00pm		