

# April 12 - 18

**Lap Swim Requirements:** One must be able to complete 300 continuous yards (12 lengths of pool) or be over the age of 17

*Find the schedule and register for Lap Swim times online at: [northliberty.recdesk.com/Community/Home](http://northliberty.recdesk.com/Community/Home)*

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   | Sunday  |                                       |                 |
|---|--|---|---|--|--|---|---------------------------------------|-----------------|
| Open @ 6am  | Open @ 6am   | Open @ 6am  | Open @ 6am  | Open @ 6am   | No Open Swim, Lap Swim Only<br>by Reservation  | No Open Swim, Lap Swim Only<br>by Reservation   |                                       |                 |
| Lap Swim<br>6:15am-7:15am   | Lap Swim - 6 Lanes<br>6:15am-7:15am  | Lap Swim - 6 Lanes<br>6:15am-7:15am   | Lap Swim - 6 Lanes<br>6:15am-7:15am   | Lap Swim - 6 Lanes<br>6:15am-7:15am  |  |   |                                       |                 |
| Aqua Resistance 7:30-8:20am<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>7:35am-8:35am   | 7:35am-8:35am<br>8:55am-9:55am   | Aqua Resistance 7:30-8:20am<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>7:35am-8:35am                                       | 7:35am-8:35am<br>8:55am-9:55am  | Aqua Resistance 7:30-8:20am<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>7:35am-8:35am  |  |   |                                       |                 |
| Aqua Easy 8:55-9:45am<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>8:55am-9:55am   | 10:30am-11:30am<br>11:50am-12:50pm   | Aqua Easy 8:55-9:45am<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>8:55am-9:55am   | 10:30am-11:30am<br>11:50am-12:50pm  | Aqua Easy 8:55-9:45am<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>8:55am-9:55am  | Aqua Noodle Tri 8:15-9:00am<br>3 Lap Lanes<br>Lap Swim - 3 Lanes<br>8:15am-9:15am      | Lap Swim - 2 Lanes<br>Shared pool with LG class |                                       |                 |
| Pool Closed<br>Arthritis Class<br>10:30am-11:20am   | 1:10pm-2:10pm  | Pool Closed<br>Arthritis Class<br>10:30am-11:20am   | 1:10pm-2:10pm   | Pool Closed<br>Arthritis Class<br>10:30am-11:20am  | Swim Lessons<br>Zero Entry - 9am-11am  |   |                                       |                 |
|   | 2:40pm-3:40pm  |   | 2:40pm-3:40pm   |  | Lap Swim - 6 Lanes<br>9:35am-10:35am   |   |                                       |                 |
| Lap Swim - 6 Lanes<br><br>11:50am-12:50pm<br><br>1:10pm-2:10pm<br><br>2:40pm-3:40pm<br><br>4:00pm-5:00pm<br><br>5:20pm-6:20pm<br><br>6:40pm-7:40pm<br><br>8:00pm-8:45pm | 4:00pm-5:00pm  | Lap Swim - 6 Lanes<br><br>11:50am-12:50pm<br><br>1:10pm-2:10pm<br><br>2:40pm-3:40pm<br><br>4:00pm-5:00pm<br><br>5:20pm-6:20pm | 4:00pm-5:00pm   | Lap Swim - 6 Lanes<br>10:30am-11:30am<br><br>11:50am-12:50pm<br><br>1:10pm-2:10pm<br><br>2:40pm-3:40pm<br><br>4:00pm-5:00pm<br><br>5:20pm-6:20pm | Lap Swim - 6 Lanes<br>9:35am-10:35am   | 8:15am-9:15am                                   |                                       |                 |
|   | Aqua Boot Camp 5:45-6:30pm<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>5:20pm-6:20pm |   | Aqua Aerobics 7:15-8:05pm<br>3 Lanes for Class<br><br>Lap Swim - 2 Lanes<br>6:40pm-7:40pm |  | Aqua Boot Camp 5:45-6:30pm<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>5:20pm-6:20pm | Lap Swim - 2 Lanes<br>Shared pool with LG class | Lap Swim - 2 Lanes<br>10:55am-11:55am | 9:35am-10:35am  |
|   |  |   |   |  |  |   | 12:15pm-1:15pm                        | 10:55am-11:55am |
|   |  |   |   |  |  |   | 1:35pm-2:35pm                         | 1:35pm-2:35pm   |
|   | Aqua Zumba 7:15-8:00pm<br>3 Lanes for Class<br>Lap Swim - 2 Lanes<br>6:40pm-7:40pm     | Lap Swim - 6 Lanes<br>8:15pm-8:45pm   | Lap Swim - 6 Lanes<br><br>6:40pm-7:40pm<br><br>8:00pm-8:45pm                              | Lap Swim - 6 Lanes<br><br>6:40pm-7:40pm<br><br>8:00pm-8:45pm   | 2:55pm-3:55pm  | 2:55pm-3:55pm                                   |                                       |                 |
|   |  |   |   |  | 4:15pm-5:15pm  | 4:15pm-5:15pm                                   |                                       |                 |
|   |  |   |   |  | Closed @ 6pm   | Closed @ 6pm                                    |                                       |                 |
|   | Closed @ 9pm   | Closed @ 9pm  | Closed @ 9pm  | Closed @ 9pm   | Closed @ 9pm   | No Rentals                                      | No Rentals                            |                 |